

THE DAILY GRID

Daily Activities at Princeton Windrows May 2024 Highlights

PLAN AHEAD

WOODSTOCK AT WINDROWS TIE-DYE CLASS: Join Louise Hartman on June 12th or 19th for a free tee-shirt tie dye class as we prepare for our upcoming Annual Field Day in July. This year's theme is "Woodstock at Windrows". Signup online or at Front Desk for 1 of 4 classes in Art Room.

WEDNESDAYS AT WINDROWS: Wednesday, May 1st from 3:00pm-4:00pm in the Marks Gallery. "High Society: Birds at Windrows" with Birding Host Daniel Froehlich. This is your chance to familiarize yourself with the birds of the neighborhood: the lingering winter birds like Juncos, the migrant waves of warblers that come and go like a tide, and birds like House Finches and Mockingbirds gearing up for mating season. The rich bottomlands around the Windrows campus offer excellent habitat for birds in all seasons—and great trails for exploring; Dan Froelich has identified 150 species in four decades of birding this area along Stony Brook. Easy-to-use new apps like eBird and Merlin are making it easier than ever to jumpstart your own bird identification skills. We'll cover common birds as well as hot birds you should recognize; we'll touch on tools of the trade; and we'll orient ourselves to the best walking trails for birds nearby. And of course, he'll entertain as many of your bird questions as we have time for!

PRINCETON TOUR COMPANY TRIP: 5-Star "Shameless Name-Dropping Tour" Thursday, May 2nd from 9:45am-12:15pm. Please sign up at the Front Desk with a check for \$25. Join us for a 2-hour walking and shuttle tour including a 20-minute stroll of the picturesque Princeton University campus, seeing diverse forms of architecture, the world's grandest arboreal collection and the most expensive outdoor sculpture garden on any University campus. The tour will explain the chronological history of the storied University and how it was started. Our group will reboard the Windrows bus venture beyond the school to see the former homes of Albert Einstein, F. Scott Fitzgerald, T.S. Eliot, Woodrow Wilson, Grover Cleveland, and others.

PICKLEBALL LESSON: Free lesson for up to 15 new Pickleball players will be held on Saturday May 4th at 10:00am. Equipment is supplied, and players must wear court shoes, not running shoes or slip-ons for safety. Regular, outdoor games on our court will take place in May & June on Mondays and Fridays at 2:00pm. Come find out why this game is so popular.

*Please sign-up at the Front Desk if you are interested in learning more! Questions? Please contact Edie Ziegler.

BEGINING WATERCOLOR WORKSHOP: Beginning Saturday, May 4th from 2:00pm-3:30pm in the Art Room. Resident Artist's Blanche Sanfiz and Judy Kaye will be teaching a 4-session workshop on watercolor basics on Saturdays in May. Learn the techniques of this beautiful, fluid medium. The cost of this workshop will be \$20 per person for 4 sessions. Supplies will be provided but if you have your own materials, please feel free to bring them. Please sign up in the Red Book at the Front Desk. Space will be limited to 10 participants. Checks should be made payable to Judy Kaye.

WEDNESDAYS AT WINDROWS: Wednesday, May 8th from 3:00pm-4:00pm in the Marks Gallery. Dr. Pamela Barnett presents "Art, Communication and Community". The value of a college education is in hot debate as tuition continues to skyrocket and return on investment is the name of the game. Pamela Barnett, the newest Dean at The College of New Jersey, will address this debate head-on. She will share her vision and related new initiatives at TCNJ for how education in the arts and communication matters for democracy and advancing the common good - with a specific focus on Trenton and underrepresented populations.

Dr. Pamela Barnett received her BA from Barnard College and her PhD from Emory University. Dr. Barnett's career has spanned serving as a professor of English and African American Studies at the University of South Carolina to serving as Dean of Arts and Sciences at LaSalle University.

PRINCETON ABBEY TOUR: Thursday, May 9th from 1:15pm-2:30pm. Please sign up at the Front Desk. Ours friends at Princeton Abbey & Cemetery cordially invite you to a guided tour of the former St. Joseph's Seminary site. This tour will include views of the various sculptures, altars, stained glass, and chambers contained within the Abbey. Information regarding Princeton Abbey's current function as a cemetery and memorial columbarium will be provided as well along with invitations for free pre-arrangement consultation.

ALL COMMUNITY WELCOME PARTY: Friday, May 10th from 4:00pm- 5:00pm in the Living Room. Join us for this special event recognizing our most recent residents. Come meet your new neighbors. All are welcome!

ANNUAL MOTHER'S DAY BOOKSALE: Stock up for summer reading. The library is holding our annual book sale on Mother's Day, Sunday, May 12th from 11:00am-3:00pm in the Living Room.

SPECIAL PRODUCTION: "Arizona" Monday, May 13th from 1:30pm-2:30pm & 3:30pm-4:30pm in the Gallery. Please sign up for one show at the Front Desk.

Come enjoy the latest in the series of Martin Rome productions. Joe Curly, a young Assistant Professor of Archeology at a university in New Jersey, has a problem: his uncle Jay, a wheeler-dealer oilman in Arizona, died suddenly of a heart attack. His will appointed Joe sole executor, a task he feels ill equipped to handle. His girlfriend, Laura Skeekey, asked her father, a financial big-wig to help Joe. The action starts as Joe prepares for the meeting with Skeekey.

The music for the parody songs is by Richard Rodgers from the musical "Oklahoma!" Martin Rome is the creator of the parody, the author of the libretto and the dialogue. Joyce Irwin is the Director as well as the Pianist. The performers are Sidnee Curtis, Richard Kaye, Roger Moseley, John Sturges and Marcia Wood. Rogie Rome is the Narrator.

WEDNESDAYS AT WINDROWS: Wednesday, May 15th from 3:00pm-4:00pm in the Marks Gallery. Dr. Tim Urban from the Princeton Festival presents. In this informative talk, Dr. Timothy Urban will guide listeners through the Princeton Festival's upcoming production of Wolfgang Amadeus Mozart's *Così fan tutte*.

Mozart's comic opera is a music-lover's treasure chest, filled with some of the composer's most engaging music and acrobatic arias. This presentation looks at some of the opera's highlights, focusing on Mozart's comedic and musical genius.

Performances of *Così fan tutte* take place on the grounds of Morven Museum & Garden June 14, 16 and 18. Princeton Windrows will offer transportation to the Sunday, June 16th performance at 4pm. Please sign up at the Front Desk. Please note a minimum of 10 signups are necessary to provide transportation.

“TRAVERSING THE TEN CRUCIAL DAYS” BUS TOUR: Thursday, May 16th from 10:00am-3:30pm. Please sign up at the Front Desk with a check for \$54 and COMPLETE A BOX LUNCH ORDER FORM BY MONDAY, 5/13. Our bus tour, led by State Historian, Roger S. Williams will retrace the “...times that tried men’s souls” from the 25 December 1776 crossing of the Delaware through to the Battle of Princeton, 3 January 1777. You will learn about the military engagements between the remaining rag-tag elements of George Washington’s army against Hessian and British troops at Trenton, Princeton, and areas in between.

TECH WORKSHOP: Thursday, May 16th from 1:00pm-2:00pm in the Barnhart Room. “Introduction to the Residential Website” is a tutorial for new residents. A reminder for all residents, please bring your tablet or phone. Sign up at the Front Desk.

TED TALKS: Thursday, May 16th from 3:00pm-4:00pm in the Barnhart Room and on Zoom. “The Pleasure of Finding Things Out”. If you watched the Oppenheimer movie, you might have noticed a brief shot of a bongo player in a Los Alamos party scene. That was one aspect of Richard Feynman's personality. Come to our TED Talk to see a few more facets of this quirky character revealed. Please contact Dennis Drew.

MOVIE AND DISCUSSION GROUP: Sunday, May 19th from 3:00pm-5:30pm in the Gallery. Please sign up at the Front Desk. Movies at Windrows will present **Witness**. Roger Ebert tells us “*Witness* comes billed as a thriller, but it's so much more than a thriller that I wish they hadn't even used the word “murder” in the ads. This is, first of all, an electrifying and poignant love story. Then it is a movie about the choices we make in life and the choices that other people make for us. Only then is it a thriller - one that Alfred Hitchcock would have been proud to make.”

The discussion which follows the movie will be facilitated by Tim and Louise Hartman. Fun Fact: Harrison Ford, who stars in *Witness* stayed in their parent's home while filming on location in Lancaster County, PA.

SUNDAY MUSICALE: Sunday, May 19th at 6:00pm in the Marks Gallery. “Porgy and Bess” was George Gershwin's last serious work. It possesses the richness, vitality, and variety of melody that we associate with Gershwin's best work. It is rich in materials derived (but never quoted) from spirituals, shouts, and street cries from black residents of the deep rural South. Catfish Row comes alive in this opera. For program notes, please contact Arnold Sirota.

ARTIST'S TALK & GALLERY RECEPTION: Thursday, May 23rd from 3:00pm-5:00pm in the Marks Gallery. Please join us for an artist's talk & gallery reception for "Between Forms & Feelings" Photography by Ernestine Ruben.

Resident Ernestine Ruben is an internationally known artist, who grew up surrounded by art and artists. She has photographed the human body with great emphasis on the human hand and applies her love of life to landscapes and architecture.

Of great importance to her is the reference to human life and its interaction with the complexities of our environments.

Ruben invites her viewers to respond to the environment through her images. Her work is in many private and public collections including the University museums of Princeton and Stanford (Michigan). It is also included in the Art Museums of Philadelphia, Houston and Detroit as well as the MAM in Paris, the Maison européenne de la Photographie and the Bibliothèque Nationale de France in Paris.

SUNDAY MUSICALE PLUS: Sunday, May 26th from 4:00pm-5:00pm in the Gallery.

Musicale Plus presents "An Afternoon with The American Dance Theater: The Alvin Ailey Dancers - choreography by Ailey and Jamison, including "Revelations". Please sign up at the Front Desk.

MEMORIAL DAY FLAG RAISING CEREMONY: Monday, May 27th at 11:00am at the Windrows Hall flagpole and fountain. Please join us for a brief program, raising of the flag of The United States and the sounding of Taps. If you are a Veteran and new to our community, please contact Bob Maguire at 609-471-1412.

WEDNESDAYS AT WINDROWS: Wednesday, May 29th from 3:00pm-4:00pm in the Marks Gallery. David Samberg presents "A Safe Drive Through the Aging Process". Developed specifically for senior drivers, this presentation can best be described as a practical, entertaining, and realistic approach to the issue of "senior drivers vs. the aging process". The presentation takes a direct yet compassionate approach to the very sensitive subject of recognizing that someday it may be time to relinquish some of that treasured driving independence. The ultimate goal is not to take away the driving opportunities of older drivers, but rather to offer suggestions on how to recognize and compensate for diminishing skills so that seniors may remain on the roadways as safe drivers. This is a part of Senior Care Authority's "Beyond Driving with Dignity" program. David Samberg is the owner of Senior Care Authority in Northern and Central New Jersey and Rockland County in New York.

GRAY GARDENS PARTY: Thursday, May 30th from 3:30pm-5:00pm. It is time for our annual Gray Gardens Party. Take this marvelous opportunity to admire the flower & vegetable gardens created by our gardeners, enjoy seasonal refreshments, and the company of good friends. Ladies and gents, please consider dressing for this occasion and expressing your personal style with a unique, colorful hat, jacket, or tie!

BOCCE HAS BEGUN: Eleven 4-member Bocce teams will begin an 11-week tournament in which each team will play every other team from May through the middle of July. Different matches will occur every weekday at 4:15pm, weather permitting, at the Bocce court near the gazebo. Come and root-on your neighbors at the renovated court, benches are available. Please contact Ed Johnston.

PING PONG: Are you looking for an indoor activity and an opportunity to socialize with friends and neighbors for the cooler months? Enjoy this game with origins steeped in tradition and devised by British Army officers. Come to the Yoga Room each Sunday at 11:00am in the Yoga Room. Ping pong is available from Friday nights to Sunday nights for anyone wanting to play.

ONLINE MESSAGE BOARD: Do you know Princeton Windrows has an Online Message Board for residents? It can be used for ride shares, listing items for sale or donation, personal messages etc. Simply go to the Windrows website, go to the Resident Login, and click on MESSAGE BOARD. Questions? Please contact Phyllis Freed or Evelyn Delaney. Information will also be in the Mail Room.

WEEKLY MEDITATION: Join the group and meet on Zoom every Monday evening at 7:00pm in the new year to unwind, relax, and find relief from pain, worry, and all that weighs on the mind. The group listens to three to four meditations guided by renowned Western teachers of Insight Meditation in the comfort of our own homes. No difficult positions or seeking profound insights into the nature of the universe is necessary. Beginners and newcomers are welcome. If interested, please contact Nina Mishkin for more information and/or to be put on the list for the link.

EXPLORING SACRED WRITINGS: Tuesdays 4:00 to 5:00 PM in the Barnhart Room. Every culture develops an ethics code expressed in writings to explain its values and validity. These are given as a list or a larger message in a special narrative. Such important instructions for life are special, regarded as inspired, and grow to the status of holy, even sacred. At our meetings, after a chosen theme video, there is a lively discussion. Group members then share their perspective on what they watched. We also want to reach out to a broader band of revealed and revered thought: to truly Explore Sacred Writings. Come join us and contribute something that never crossed our minds!

The Daily Grid

Princeton Windrows Upcoming Events

May 2024

Wednesday	5/1	Fitness Center with Coach Trish	9:30 AM	12:30 PM	Fitness Center
	5/1	Tai Chi Class	9:30 AM	10:30 AM	Marks Gallery
	5/1	Transportation: Old Guard & Palmer Square Princeton	9:45 AM	12:00 PM	Bus
	5/1	Memoir Writing Workshop with Connie Escher	10:00 AM	11:00 AM	Barnhart Room
	5/1	Shopping Trip- Montgomery Shoprite, sign up at Front Desk	10:00 AM	11:30 AM	Bus
	5/1	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	5/1	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	5/1	Wednesday at Windrows: "High Society: Birds at Windrows"	3:00 PM	4:00 PM	Marks Gallery
Thursday	5/2	Yoga with Ed	9:30 AM	10:30 AM	Yoga Room
	5/2	Trip: George Street Playhouse- sign up at Front Desk or Online	1:00 PM	5:00 PM	Bus
	5/2	Trip: Princeton Tour Company's Shameless Name-Dropping" sign up at Front Desk or Online	1:15 PM	2:30 PM	Bus
	5/2	Reserved- Lambek	2:00 PM	4:00 PM	Sherry Wagner Room
	5/2	Technology Committee Meeting	3:00 PM	4:00 PM	Barnhart Room
	5/2	Trip: Princeton University Concert - sign up at Front Desk or Online	6:00 PM	9:30 PM	Bus
Friday	5/3	Strength & Balance with Ed	9:30 AM	10:30 AM	Marks Gallery
	5/3	Beginning Drawing Class 1	10:00 AM	11:30 AM	Art Room
	5/3	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	5/3	Shopping- Montgomery ShopRite- sign up at Front Desk	11:00 AM	12:30 PM	Bus
	5/3	Beginning Drawing Class 2	1:00 PM	2:00 PM	Art Room
	5/3	Shopping- Plainsboro CVS-Post Office-Dollar Store, sign up at Front Desk	1:30 PM	3:00 PM	Bus
	5/3	Pickle Ball	2:00 PM	3:00 PM	Pickle Ball Court
	5/3	Reserved- Woody	2:00 PM	4:00 PM	Sherry Wagner Room
	5/3	Windrows Warblers Chorus Rehearsal	3:45 PM	4:45 PM	Marks Gallery

Please note that all the daily events are posted at the Main Lobby and Terrace Level screens

The Daily Grid

Princeton Windrows Upcoming Events

May 2024

Saturday	5/4	Pool Hours	6:00 AM	10:00 PM	Pool
	5/4	Bird Walk with Daniel Froehlich	8:00 AM	10:00 AM	Main Lobby
	5/4	Bocce	9:30 AM	11:00 AM	Bocce Court
	5/4	Pickleball Lesson- sign up at Front Desk	10:00 AM	11:00 AM	Pickleball Court
	5/4	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	5/4	Beginning Watercolor Workshop- signup at Front Desk	2:00 PM	3:30 PM	Art Room
	5/4	Mexican Dominos	7:30 PM		Poker Room
Sunday	5/5	Pool Hours	6:00 AM	10:00 PM	Pool
	5/5	Trip: Lincoln Center (Trip is Full)	9:30 AM	7:30 PM	Bus
	5/5	Ping Pong	11:00 AM		Yoga Room
	5/5	Holy Eucharist	12:00 PM	12:30 PM	Sherry Wagner Room
	5/5	Embroidery Group- contact Carol Goodheart	1:00 PM	4:00 PM	Art Room
	5/5	Reserved- Freeberg	2:00 PM	4:00 PM	Sherry Wagner Room
Monday	5/6	Duplicate Bridge	9:30 AM	12:00 PM	Pub
	5/6	Reserved- Women's College Club of Princeton History Project	9:30 AM	11:30 AM	Barnhart Room
	5/6	Yoga with Ed	9:30 AM	10:30 AM	Yoga Room
	5/6	Dance for Life	11:00 AM	12:00 PM	Marks Gallery
	5/6	Rosary Group- contact Marion Mezzetti	1:00 PM	1:30 PM	Sherry Wagner Room
	5/6	Water Zumba with Anu	1:00 PM	2:00 PM	Pool
	5/6	Reserved- Macdonald	2:00 PM	4:00 PM	Sherry Wagner Room
	5/6	Meditation with Nina Mishkin	7:00 PM	8:00 PM	Zoom

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Princeton Windrows Upcoming Events

May 2024

Tuesday	5/7	Strength & Balance with Ed	9:30 AM	10:30 AM	Marks Gallery
	5/7	Shopping- Lawrenceville Wegman's-ShopRite- Whole Foods- sign up at Front Desk	10:00 AM	11:30 AM	Bus
	5/7	Jewelry Doctor	11:00 AM	12:30 PM	Sherry Wagner Room
	5/7	Welcome Committee Meeting	11:30 AM	12:30 PM	Marks Gallery
	5/7	Shopping- Princeton McCaffrey's- sign up at Front Desk	12:30 PM	1:45 PM	Bus
	5/7	Landscaping Committee Meeting	2:00 PM	3:00 PM	Barnhart Room
	5/7	Reserved- Crane	2:00 PM	4:00 PM	Sherry Wagner Room
	5/7	Art Group	2:30 PM	3:30 PM	Art Room
	5/7	Exploring Sacred Writings: "Realm of the Mother Goddess"	4:00 PM	5:00 PM	Barnhart Room
	5/7				
Wednesday	5/8	Fitness Center with Coach Trish	9:30 AM	12:30 PM	Fitness Center
	5/8	Tai Chi Class	9:30 AM	10:30 AM	Marks Gallery
	5/8	Transportation: Old Guard & Palmer Square Princeton	9:45 AM	12:00 PM	Bus
	5/8	Memoir Writing Workshop with Connie Escher	10:00 AM	11:00 AM	Barnhart Room
	5/8	Shopping Trip- Montgomery Shoprite, sign up at Front Desk	10:00 AM	11:30 AM	Bus
	5/8	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	5/8	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	5/8	Wednesday at Windrows: "Art, Communication and Community"	3:00 PM	4:00 PM	Marks Gallery
	5/8				
Thursday	5/9	Yoga with Ed	9:30 AM	10:30 AM	Yoga Room
	5/9	Embroidery Stitch-in: Reserved Goodheart	1:00 PM	2:30 PM	Art Room
	5/9	Trip: Princeton Abbey sign up at Front Desk or Online	1:15 PM	2:30 PM	Bus
	5/9	Reserved- Lambek	2:00 PM	4:00 PM	Sherry Wagner Room

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The Daily Grid

Princeton Windrows Upcoming Events

May 2024

Friday	5/10	Strength & Balance with Ed	9:30 AM	10:30 AM	Marks Gallery
	5/10	Beginning Drawing Class 1	10:00 AM	11:30 AM	Art Room
	5/10	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	5/10	Shopping- Montgomery ShopRite- sign up at Front Desk	11:00 AM	12:30 PM	Bus
	5/10	Beginning Drawing Class 2	1:00 PM	2:00 PM	Art Room
	5/10	Shopping- Plainsboro CVS-Post Office-Dollar Store, sign up at Front Desk	1:30 PM	3:00 PM	Bus
	5/10	Pickle Ball	2:00 PM	3:00 PM	Pickle Ball Court
	5/10	Reserved- Woody	2:00 PM	4:00 PM	Sherry Wagner Room
	5/10	Windrows Warblers Chorus Rehearsal	3:45 PM	4:45 PM	Marks Gallery
	5/10	Welcoming Party	4:00 PM	5:00 PM	Living Room
Saturday	5/11	Pool Hours	6:00 AM	10:00 PM	Pool
	5/11	Bocce	9:30 AM	11:00 AM	Bocce Court
	5/11	Trip: Regal Cinema Met Opera- sign up at Front Desk or Online	12:30 PM	5:00 PM	Bus
	5/11	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	5/11	Beginning Watercolor Workshop- signup at Front Desk	2:00 PM	3:30 PM	Art Room
	5/11	Mexican Dominos	7:30 PM		Poker Room
Sunday	5/12	Pool Hours	6:00 AM	10:00 PM	Pool
	5/12	Art Studio Available	9:00 AM	9:00 PM	Art Room
	5/12	Annual Mother's Day Book Sale	11:00 AM	3:00 PM	Living Room
	5/12	Ping Pong	11:00 AM		Yoga Room
	5/12	Trip: Princeton Symphony Orchestra - Please sign up at the Front Desk or Online	3:30 PM	6:30 PM	Bus

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Princeton Windrows Upcoming Events

May 2024

Monday	5/13	Duplicate Bridge	9:30 AM	12:00 PM	Pub
	5/13	Reserved- Women's College Club of Princeton History Project	9:30 AM	11:30 AM	Barnhart Room
	5/13	Yoga with Ed	9:30 AM	10:30 AM	Yoga Room
	5/13	Dance for Life	11:00 AM	12:00 PM	Marks Gallery
	5/13	Rosary Group- contact Marion Mezzetti	1:00 PM	1:30 PM	Sherry Wagner Room
	5/13	Water Zumba with Anu	1:00 PM	2:00 PM	Pool
	5/13	Special production "Arizona"- sign up at Front Desk	1:30 PM	2:30 PM	Marks Gallery
	5/13	Reserved- Macdonald	2:00 PM	4:00 PM	Sherry Wagner Room
	5/13	Marketing Committee Meeting	3:00 PM	4:00 PM	Zoom
	5/13	Special production "Arizona"- sign up at Front Desk	3:30 PM	4:30 PM	Marks Gallery
	5/13	Impromptu Gathering for New and Old Residents	5:00 PM	6:00 PM	Living Room
	5/13	Meditation with Nina Mishkin	7:00 PM	8:00 PM	Zoom
Tuesday	5/14	Strength & Balance with Ed	9:30 AM	10:30 AM	Marks Gallery
	5/14	Shopping- Lawrenceville Wegman's-ShopRite- Trader Joes- sign up at Front Desk	10:00 AM	11:30 AM	Bus
	5/14	Buildings & Roads Committee Meeting	11:00 AM	12:00 PM	Marks Gallery
	5/14	Shopping- Princeton McCaffrey's- sign up at Front Desk	12:30 PM	1:45 PM	Bus
	5/14	Culinary Committee Meeting	2:00 PM	3:00 PM	Marks Gallery
	5/14	Reserved- Crane	2:00 PM	4:00 PM	Sherry Wagner Room
	5/14	Art Group	2:30 PM	3:30 PM	Art Room
	5/14	Exploring Sacred Writings: "Mysteries of the Megaliths"	4:00 PM	5:00 PM	Barnhart Room

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Princeton Windrows Upcoming Events

May 2024

Wednesday	5/15	Fitness Center with Coach Trish	9:30 AM	12:30 PM	Fitness Center
	5/15	Tai Chi Class	9:30 AM	10:30 AM	Marks Gallery
	5/15	Transportation: Old Guard & Palmer Square Princeton	9:45 AM	12:00 PM	Bus
	5/15	Memoir Writing Workshop with Connie Escher	10:00 AM	11:00 AM	Barnhart Room
	5/15	Shopping Trip- Montgomery Shoprite, sign up at Front Desk	10:00 AM	11:30 AM	Bus
	5/15	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	5/15	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	5/15	Wednesday at Windrows: Dr. Tim Urban, Princeton Festival lecturer	3:00 PM	4:00 PM	Marks Gallery
Thursday	5/16	Yoga with Ed	9:30 AM	10:30 AM	Yoga Room
	5/16	Trip: "Ten Crucial Days" sign up at Front Desk or Online	10:00 AM	2:00 PM	Bus
	5/16	Tech Workshops "Introduction to the Residential Website"	1:00 PM	2:00 PM	Barnhart Room
	5/16	Reserved- Lambek	2:00 PM	4:00 PM	Sherry Wagner Room
	5/16	TED Talks: "The Pleasure of Finding Things Out"	3:00 PM	4:00 PM	Zoom & Barnhart
	5/16	contact Dennis Drew	3:00 PM	4:00 PM	Zoom & Barnhart
Friday	5/17	Strength & Balance with Ed	9:30 AM	10:30 AM	Marks Gallery
	5/17	Beginning Drawing Class 1	10:00 AM	11:30 AM	Art Room
	5/17	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	5/17	Shopping- Montgomery ShopRite- sign up at Front Desk	11:00 AM	12:30 PM	Bus
	5/17	Beginning Drawing Class 2	1:00 PM	2:00 PM	Art Room
	5/17	Shopping- Plainsboro CVS-Post Office-Dollar Store, sign up at Front Desk	1:30 PM	3:00 PM	Bus
	5/17	Pickle Ball	2:00 PM	3:00 PM	Pickle Ball Court
	5/17	Reserved- Woody	2:00 PM	4:00 PM	Sherry Wagner Room
	5/17	Windrows Warblers Chorus Rehearsal	3:45 PM	4:45 PM	Marks Gallery
	5/17				

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Princeton Windrows Upcoming Events

May 2024

Saturday	5/18	Pool Hours	6:00 AM	10:00 PM	Pool
	5/18	Bocce	9:30 AM	11:00 AM	Bocce Court
	5/18	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	5/18	Beginning Watercolor Workshop- signup at Front Desk	2:00 PM	3:30 PM	Art Room
	5/18	Mexican Dominos	7:30 PM		Poker Room
Sunday	5/19	Pool Hours	6:00 AM	10:00 PM	Pool
	5/19	Art Studio Available	9:00 AM	9:00 PM	Art Room
	5/19	Ping Pong	11:00 AM		Yoga Room
	5/19	Holy Eucharist	12:00 PM	12:30 PM	Sherry Wagner Room
	5/19	Movie & Discussion: "Witness"- sign up at Front Desk	3:00 PM	5:30 PM	Marks Gallery
	5/19	Sunday Musicale: "Porgy and Bess"	6:00 PM	9:00 PM	Marks Gallery
Monday	5/20	Duplicate Bridge	9:30 AM	12:00 PM	Pub
	5/20	Yoga with Ed	9:30 AM	10:30 AM	Yoga Room
	5/20	Book Group- contact Barbara Greenstein	10:00 AM	11:00 AM	Barnhart Room
	5/20	Dance for Life	11:00 AM	12:00 PM	Marks Gallery
	5/20	Great Decisions-contact Richard Kaye	1:00 PM	3:00 PM	Marks Gallery
	5/20	Rosary Group- contact Marion Mezzetti	1:00 PM	1:30 PM	Sherry Wagner Room
	5/20	Water Zumba with Anu	1:00 PM	2:00 PM	Pool
	5/20	Reserved- Macdonald	2:00 PM	4:00 PM	Sherry Wagner Room

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Princeton Windrows Upcoming Events

May 2024

Tuesday	5/21	Strength & Balance with Ed	9:30 AM	10:30 AM	Marks Gallery
	5/21	Shopping- Lawrenceville Wegman's-ShopRite- Whole Foods- sign up at Front Desk	10:00 AM	11:30 AM	Bus
	5/21	Programs & Activities Committee Meeting Shopping- Princeton McCaffrey's- sign up at Front Desk	10:30 AM	11:30 AM	Barnhart
	5/21		12:30 PM	1:45 PM	Bus
	5/21	Great Books Discussion Group	1:00 PM	2:00 PM	Barnhart Room
	5/21	Reserved- Crane	2:00 PM	4:00 PM	Sherry Wagner Room
	5/21	Art Group	2:30 PM	3:30 PM	Art Room
	5/21	Exploring Sacred Writings: "Heart Sutra and Diamond Sutra"	4:00 PM	5:00 PM	Barnhart Room
Wednesday	5/22	Fitness Center with Coach Trish	9:30 AM	12:30 PM	Fitness Center
	5/22	Tai Chi Class	9:30 AM	10:30 AM	Marks Gallery
	5/22	Transportation: Old Guard & Palmer Square Princeton	9:45 AM	12:00 PM	Bus
	5/22	Memoir Writing Workshop with Connie Escher	10:00 AM	11:00 AM	Barnhart Room
	5/22	Shopping Trip- Montgomery Shoprite, sign up at Front Desk	10:00 AM	11:30 AM	Bus
	5/22	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	5/22	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	5/22	Wednesday at Windrows *Cancelled*	3:00 PM	4:00 PM	Marks Gallery
Thursday	5/23	Yoga with Krystal (Ed is off)	9:30 AM	10:30 AM	Yoga Room
	5/23	Embroidery Stitch-in: Reserved Goodheart	1:00 PM	2:30 PM	Art Room
	5/23	Reserved- Lambek	2:00 PM	4:00 PM	Sherry Wagner Room
	5/23	Artist's Talk & Reception: "Between Forms & Feelings" Ruben Ernestine	3:00 PM	5:00 PM	Marks Gallery

Please note that all the daily events are posted at the Main Lobby and Terrace Level screens

The Daily Grid

Princeton Windrows Upcoming Events

May 2024

Friday	5/24	Strength & Balance with Ed *Cancelled*	9:30 AM	10:30 AM	Marks Gallery
	5/24	Beginning Drawing Class 1	10:00 AM	11:30 AM	Art Room
	5/24	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	5/24	Shopping- Montgomery ShopRite- sign up at Front Desk	11:00 AM	12:30 PM	Bus
	5/24	Beginning Drawing Class 2	1:00 PM	2:00 PM	Art Room
	5/24	Shopping- Plainsboro CVS-Post Office-Dollar Store, sign up at Front Desk	1:30 PM	3:00 PM	Bus
	5/24	Pickle Ball	2:00 PM	3:00 PM	Pickle Ball Court
	5/24	Reserved- Woody	2:00 PM	4:00 PM	Sherry Wagner Room
	5/24	Windrows Warblers Chorus Rehearsal	3:45 PM	4:45 PM	Marks Gallery
	5/24				
Saturday	5/25	Pool Hours	6:00 AM	10:00 PM	Pool
	5/25	Bocce	9:30 AM	11:00 AM	Bocce Court
	5/25	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	5/25	Beginning Watercolor Workshop- signup at Front Desk	2:00 PM	3:30 PM	Art Room
	5/25				
	5/25	Mexican Dominos	7:30 PM		Poker Room
Sunday	5/26	Pool Hours	6:00 AM	10:00 PM	Pool
	5/26	Art Studio Available	9:00 AM	9:00 PM	Art Room
	5/26	Ping Pong	11:00 AM		Yoga Room
	5/26	Sunday Musicales Plus- "An Afternoon with The American Dance Theater" sign up at Front Desk	4:00 PM	5:00 PM	Marks Gallery

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The Daily Grid

Princeton Windrows Upcoming Events

May 2024

Monday	5/27	Memorial Day- Housekeeping, Transportation and Wellness Closed			Café Closed
	5/27	Duplicate Bridge	9:30 AM	12:00 PM	Pub
	5/27	Reserved- Women's College Club of Princeton History Project	9:30 AM	11:30 AM	Barnhart Room
	5/27	Yoga with Ed *Cancelled*	9:30 AM	10:30 AM	Yoga Room
	5/27	Dance for Life *Cancelled*	11:00 AM	12:00 PM	Marks Gallery
	5/27	Memorial Day Flag Raising	11:00 AM		At the Fountain
	5/27	Memorial Day BBQ Buffet	11:30 AM	2:30 PM	Call to make reservation
	5/27	Rosary Group- contact Marion Mezzetti	1:00 PM	1:30 PM	Sherry Wagner Room
	5/27	Water Zumba with Anu *Cancelled*	1:00 PM	2:00 PM	Pool
	5/27	Reserved- Macdonald	2:00 PM	4:00 PM	Sherry Wagner Room
	5/27	Meditation with Nina Mishkin	7:00 PM	8:00 PM	Zoom
Tuesday	5/28	Strength & Balance with Ed *Cancelled*	9:30 AM	10:30 AM	Marks Gallery
	5/28	Shopping- Lawrenceville Wegman's-ShopRite- Trader Joes- sign up at Front Desk	10:00 AM	11:30 AM	Bus
	5/28	Wellness Committee Meeting	11:00 AM	12:00 PM	Barnhart Room
	5/28	Shopping- Princeton McCaffrey's- sign up at Front Desk	12:30 PM	1:45 PM	Bus
	5/28	Finance Committee Meeting	2:00 PM	3:00 PM	Marks Gallery
	5/28	Library Committee Meeting	2:00 PM	3:00 PM	Barnhart Room
	5/28	Reserved- Crane	2:00 PM	4:00 PM	Sherry Wagner Room
	5/28	Art Group	2:30 PM	3:30 PM	Art Room
	5/28	Exploring Sacred Writings: "John's Prologue"	4:00 PM	5:00 PM	Barnhart Room

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The Daily Grid

Princeton Windrows Upcoming Events

May 2024

Wednesday	5/29	Fitness Center with Coach Trish	9:30 AM	12:30 PM	Fitness Center
	5/29	Tai Chi Class	9:30 AM	10:30 AM	Marks Gallery
	5/29	Transportation: Old Guard & Palmer Square Princeton	9:45 AM	12:00 PM	Bus
	5/29	Memoir Writing Workshop with Connie Escher	10:00 AM	11:00 AM	Barnhart Room
	5/29	Shopping Trip- Montgomery Shoprite, sign up at Front Desk	10:00 AM	11:30 AM	Bus
	5/29	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	5/29	Windrows Warblers Chorus Rehearsal	11:00 AM	12:30 PM	Marks Gallery
	5/29	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	5/29	Wednesday at Windrows: A Safe Drive Through the Aging Process	3:00 PM	4:00 PM	Marks Gallery
Thursday	5/30	Yoga with Ed	9:30 AM	10:30 AM	Yoga Room
	5/30	Reserved- Lambek	2:00 PM	4:00 PM	Sherry Wagner Room
	5/30	Gray Gardens Party	3:30 PM	5:00 PM	Gray Gardens
Friday	5/31	Strength & Balance with Ed	9:30 AM	10:30 AM	Marks Gallery
	5/31	Beginning Drawing Class 1	10:00 AM	11:30 AM	Art Room
	5/31	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	5/31	Shopping- Montgomery ShopRite- sign up at Front Desk	11:00 AM	12:30 PM	Bus
	5/31	Women's College Book Group- contact Janet Reiche	11:00 AM	12:00 PM	Barnhart Room
	5/31	Beginning Drawing Class 2	1:00 PM	2:00 PM	Art Room
	5/31	Shopping- Plainsboro CVS-Post Office-Dollar Store, sign up at Front Desk	1:30 PM	3:00 PM	Bus
	5/31	Gray Gardens Committee Meeting	2:00 PM	3:00 PM	Marks Gallery
	5/31	Pickle Ball	2:00 PM	3:00 PM	Pickle Ball Court
	5/31	Reserved- Woody	2:00 PM	4:00 PM	Sherry Wagner Room
	5/31	Windrows Warblers Chorus Rehearsal	3:45 PM	4:45 PM	Marks Gallery

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Channel 1978

May 2024 TV Guide

- **4/29-5/3: Bruce Jeffries-Fox's Leap Day Cabaret**
February 29th, 2024 Concert
- **5/6-10: The Einstein Effect**
with Benjamin Cohen – April 2024
- **5/13-17: Art of Glass (with Jean Johnson)**
February 2022 Zoom Lecture
- **5/20-24: Plainsboro Yesterday & Today - with Mayor Cantu**
Special Presentation – May 2023
- **5/27-31: Martin Rome presents The Movado**
November 3rd, 2023 performance
- **Every Weekend: Fall Prevention for Seniors**
with JAG Physical Therapy – February 2024

Tune in WEEKDAYS at 8pm
and WEEKENDS at 2pm!

